

LCG OPEN COACHING: LOOKING BACK TO LEAD FORWARD



Tony Martignetti
Transformative Executive Coach,
TEDx Speaker, Best-selling Author



Jerry Anathan
Peak Performance Coach,
Harvard Masters in Psychology

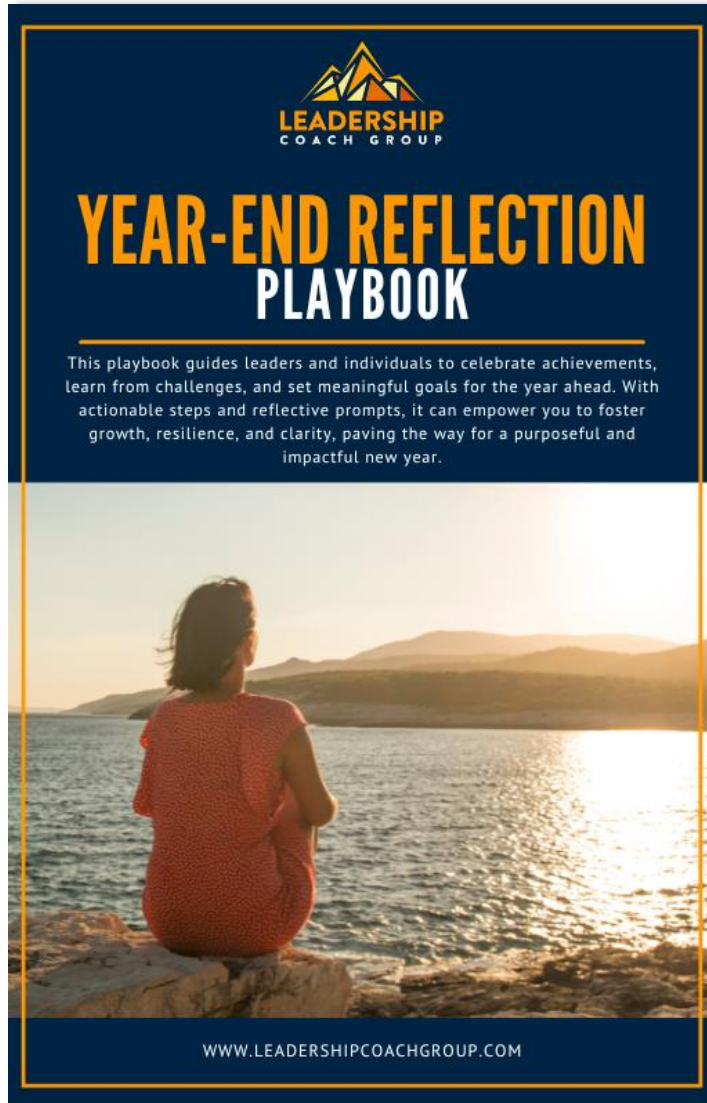




| What is LCG Open Coaching?

- **Rotating Hosts & Themes:** Every month (1st Friday at Noon EST) features expert coaches discussing topics aligned with leadership excellence and the core values of the Leadership Coach Group.
- **Actionable Insights:** Leave every session with fresh perspectives and a deeper understanding of your leadership journey.
- **Step-by-step “Playbook:”** Receive a practical guide filled with reflective prompts, actionable steps, and strategies.
- **Live Open Coaching:** Each session invites volunteers from the audience to share real questions and challenges, creating a personalized and dynamic learning environment.

PLAYBOOK



- **Reflect for Growth:** Guides leaders to reflect on achievements, challenges, and lessons to foster growth, resilience, and clarity for future success.
- **Structured Tools:** Offers frameworks like SWOT and "Start, Stop, Continue, Change" to make reflection actionable and goal-oriented.
- **Leadership Development:** Encourages evaluating team dynamics, leadership style, and feedback to improve performance and cohesion.
- **Well-Being Focus:** Emphasizes work-life balance and self-care as essential for sustained leadership effectiveness and personal growth.

| Our Services



One-on-One Coaching

What does your style of top-notch leadership look like? We're here to unlock your unique potential, refresh your self-awareness, and create plans to make your goals into realities.

Confidential, experienced, and supportive, our coaches will guide you through leadership challenges while freeing you to fulfill your potential.

Level up with us!



Team Effectiveness

Galvanize your team and equip them to achieve their goals with our team coaching, team psychological safety assessments, and inspirational speaking.

These services target powerful points for growth and will send your team into the future with greater confidence, skill, and cohesion. Learn more about our transformational sessions today.



Leader Assessments

Using the industry's leading diagnostic tools, we provide essential insights and individually empower leaders to thrive. Our array of assessments includes High 5 Strengths Finders Test, DISC, the Myers-Briggs Type Indicator®, the Enneagram of Personality, and 360-degree leadership assessments. Explore your potential with us today.

| Our Coaches Have Served Leaders at*:



ORACLE®

 **Dropbox**

 Microsoft

 **SAP**

webflow

 **Hinge Health**

SWISSnex 

 salesforce

NEXtera
ENERGY 

 **facebook.**

SONY

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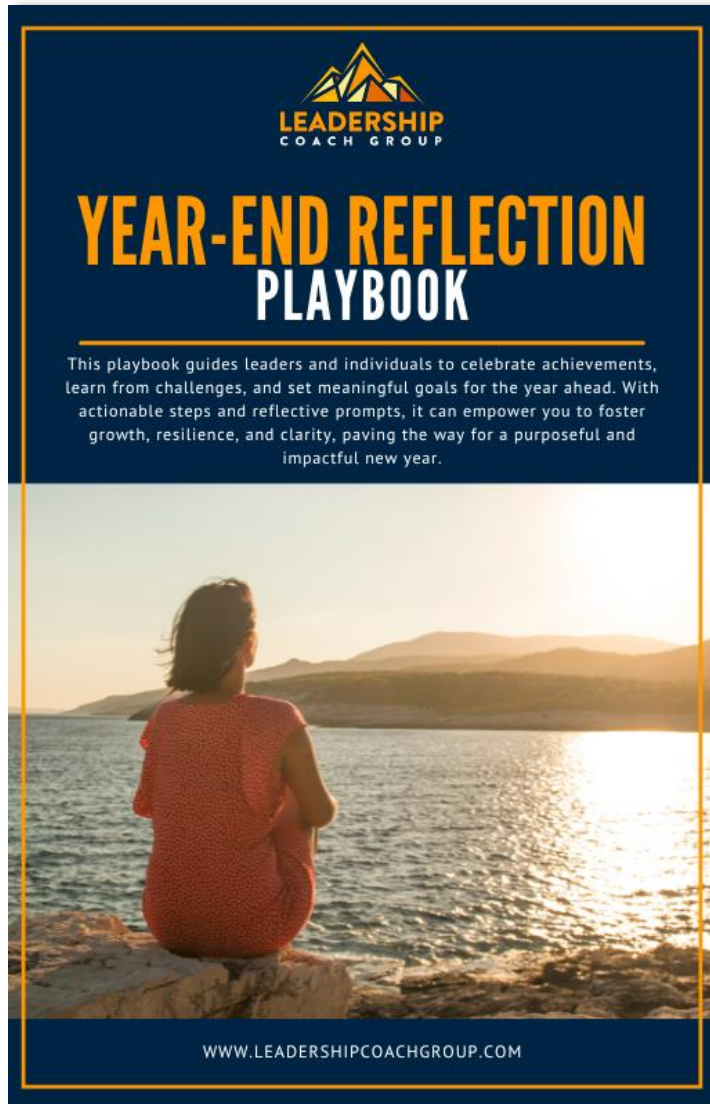
UCSF Health

FICO

 TURO

*The company logos represent the companies our coaching clients were employed by during the time of their coaching by members of the Leadership Coach Group. Some of these clients paid privately for their coaching, others' coaching programs were sponsored by their companies. It is a partial list of clients and affiliates our coaches have worked with over the duration of their careers.


Follow Up Email



**LEADERSHIP
COACH GROUP**

YEAR-END REFLECTION PLAYBOOK

This playbook guides leaders and individuals to celebrate achievements, learn from challenges, and set meaningful goals for the year ahead. With actionable steps and reflective prompts, it can empower you to foster growth, resilience, and clarity, paving the way for a purposeful and impactful new year.



WWW.LEADERSHIPCOACHGROUP.COM



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OUR COACHES



Tony Martignetti

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Scan for a
discounted session
with Tony



SCAN ME

Profile link

www.leadershipcoachgroup.com/tony-martignetti



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SCAN ME

Profile link

www.leadershipcoachgroup.com/geraldine-jerry-anathan

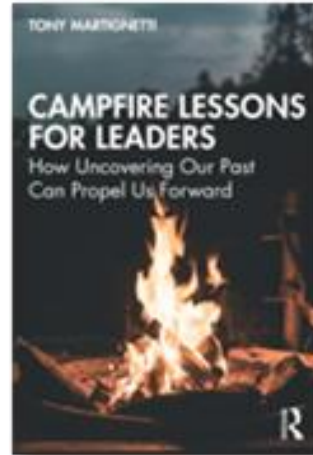


Let's get present!



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Transformative Executive Coach,
TEDx Speaker, Best-selling Author



| Tony Martignetti

- Leadership Advisor and Coach, Thought Leader, Best-Selling Author
- Elevates and helps transform leaders, equipping them with the tools to navigate change and unlock their true potential.
- Former finance and strategy executive with experience working with some of the world's leading life sciences companies.
- As a senior leader in the pharmaceutical and biotechnology sectors, has guided organizations through significant growth and change.
- Expertise in financial strategy and leadership has streamlined operations, optimized resources, and accelerated the development of life-saving therapies.





Clarity Journey





Reflection Journey



A person wearing a grey hoodie and a dark baseball cap is sitting on a large log in a forest. The person is seen from behind, looking towards a dense stand of tall, thin trees. A clear plastic water bottle is placed on the log next to the person. The forest floor is covered in brown leaves and pine needles. The overall atmosphere is quiet and reflective.

Intentional Pause Time and Space to Reflect



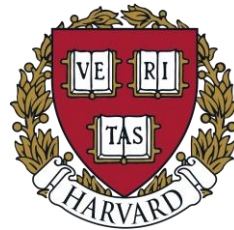


Jerry Anathan

Peak Performance Coach,
Harvard Masters in Psychology

| Geraldine “Jerry” Anathan

- A Peak Performance Coach, Psychological Safety Coach, and a Positive Intelligence Coach.
- Passionate in motivation, neuroscience, learning, and personal presence to inspire growth and provoke new ways of thinking in her clients, positively impacting over 150 leaders.
- Have dedicated over 16 years to empowering business leaders and entrepreneurs with strategic leadership and organizational dynamics.



- Harvard University, Masters program in I/O Psychology
- Graduate Certificate in Human Behavior
- Graduate Certificate in Organizational Behavior



| The Brain

- The brain is a predictive machine. It finds and attaches to patterns.
- The **prefrontal cortex** (complex thinking and decision-making) AND
- The **hippocampus** (memory consolidation).
- By reflecting deeply on our year, we strengthen **neural pathways**, learning from experiences and reinforcing **success patterns**.
- **Neuroplasticity** allowing us to:
 - Avoid repeating mistakes.
 - Identify and replicate positive outcomes.

Intrinsic Values

- **Internally** driven, reflecting what truly matters to you.
- Examples: Personal growth, creativity, meaningful relationships, or helping others.
- When we align actions with intrinsic values, we feel **authentic, fulfilled, and purpose-driven.**



Extrinsic Values

- **Externally** motivated, influenced by societal expectations or rewards.
- Examples: Wealth, status, recognition, or approval from others.
- While motivating in the short term, overreliance on extrinsic values can lead to **dissatisfaction.**



Who did you meet in 2024 that enhanced your life, and how are you different as a result of meeting them?

**What is one challenge you
faced, and how did that
challenge change you as a
leader?**

**What is one habit or mindset
you will leave behind in 2024,
and one you want to bring into
2025?**



Be Part of Open Coaching!

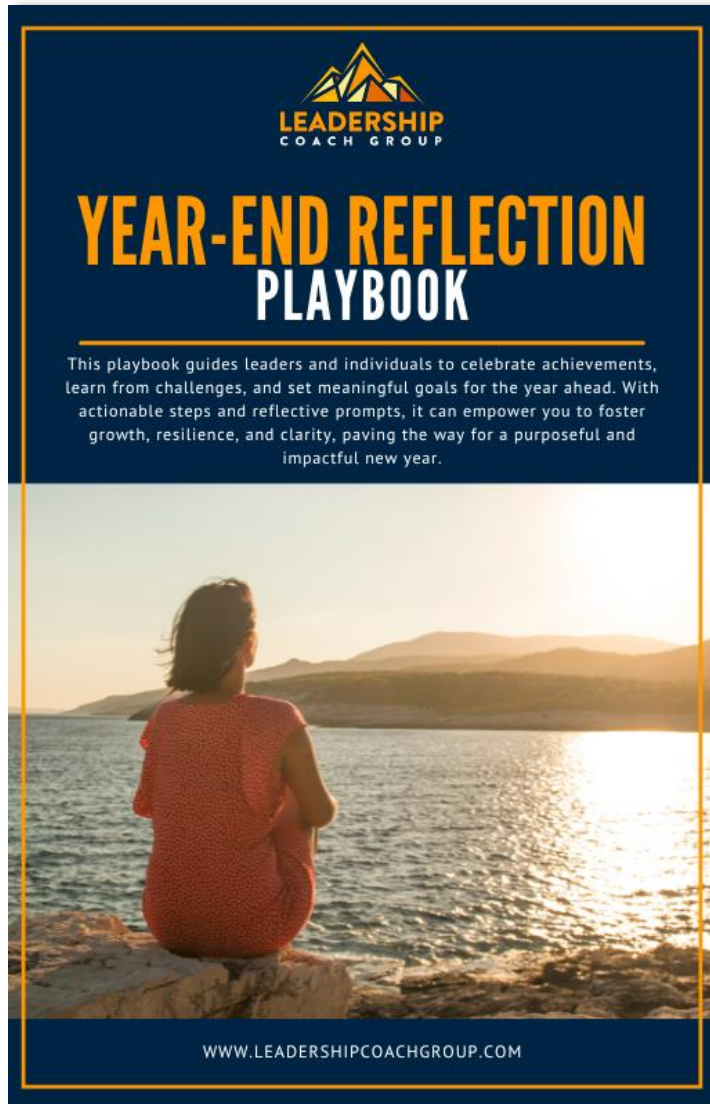
VOLUNTEER REQUIREMENTS:

- Ready to turn on their camera and microphone.
- Consent to being recorded
- Open to engage for a meaningful coaching conversation.

WANT TO VOLUNTEER?

Raise your hand in the webinar or type in “I volunteer” in chat!


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Give us a Feedback



Coming Up Next for LCG Open Coaching

 **Date:** January 3, 2025

 **Time:** 12 PM EST

 **Topic:** Goal Setting

Stay tuned for updates and details on this exciting session. Make sure to mark your calendars!





We are Here for You!

Contact Us

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✉ michael@leadershipcoachgroup.com

🌐 leadershipcoachgroup.com